# C C R

## **Citizens Association for Child Rights**

Transforming the lives of underprivileged children by implementing and improving policies and programs on Education, WASH, Nutrition, Gender Equality, and Child Protection.

#### EMPOWER . EDUCATE . ENGLIGHTEN

#### AUGUST 2022

#### NEWSLETTER



#### HIGHLIGHTS

INITIATED A PLASTIC WASTE MANAGEMENT PROJECT IN MUMBAI, THANE, NAVI-MUMBAI, PANVEL & PUNE

CONDUCTED MENSTRUAL HYGIENE MANAGEMENT TRAINING OF TEACHERS OF DAHANU ASHRAM SHALAS

CREATING AWARENESS AND DISTRIBUTED HYGIENE KITS TO 27378 CHILDREN

CELEBRATED MENSTRUAL HYGIENE AWARENESS WEEK

### CACR CELEBRATING 75 YEARS OF INDEPENDENCE WITH CONTINUED EFFORTS TO EMPOWER EDUCATE AND ENLIGHTEN CHILDREN OF INDIA.



SUPPORTED BY:





## PERSONAL HYGIENE MANAGEMENT





AWARENESS SESSIONS & HYGIENE KITS DISTRIBUTION FOR 27378 CHILDREN FROM 119 THANE MUNICIPAL SCHOOLS WITH SUPPORT FROM BPCL



35000 SOAP DISTRIBUTED TO PROMOTE HAND WASHING WITH SOAP WITH SLUM DWELLERS AND CHILDREN IN MUMBAI AND THANE



HAND HYGIENE AWARENESS SESSIONS WITH CHILDREN STUDYING IN GOVERNMENT SCHOOLS



MASS AWARENESS SESSIONS ON HAND WASHING STEPS 8000+ POPULATION IN THANE AND MUMBAI



15000 HYGIENE BAGS WERE DISTRIBUTED TO DOMESTIC MAIDS, POLICE OFFICIALS, AND ANGANWADI SEVIKAS IN MUMBAI



11700 CLOTH MASKS DISTRIBUTED TO SAFAI KARAMCHARIS OF SWM DEPARTMENT, MUMBAI

'The planning and execution of the program were very well thought out and in coordination with the education department. The kit is very inclusive and will promote good hygiene practices among children. The awareness session will act as a catalyst in the formation of lifelong hygiene habits in children along with covid-19 behavior.

Mr. Aslam Kungle, Block Education Officer, Thane

## MENSTRUAL HEALTH AND HYGIENE

## MENSTRUAL HEALTH AND HYGIENE AWARENESS AND SANITARY PADS DISTRIBUTION

SUPPORTED BY:





3200 ADOLECENT GIRLS FROM 16 ASHRAMSHALAS , PALGHAR



5000 ADOLECENT GIRLS FROM GOVERNMENT RUN SCHOOLS , THANE & MUMBAI



2500 WOMEN FROM SLUM COMMUNITIES IN MUMBAI & RURAL MAHARSHTRA

## CAPACITY BUILDING AND TRAINING OF TRAINERS



CELEBRATING MENSTRUAL HYGIENE AWARENESS WEEK / 28TH MAY



SANITARY CLOTH PAD WORKSHOP ATTENDED BY CACR



110 TEACHERS AND SUPERINTENDENTS OF 67 DAHANU ASHRAMSHALAS TRAINED

'From Taboo to Empowerment: "I believe Menstrual Hygiene and Health is one of the crucial weapons to fight gender inequalities and stigma around menstruating women. Since I have been associated with CACR I have interacted with thousands of adolescent girls and women from urban and rural areas and educated them on the importance of menstruation health and hygiene."

Mrs. Suvarna Ghadge - Program Manager , CACR

# WASTE MANAGEMENT

#### SUPPORTED BY:





AWARENESS ON WASTE SEGREGATION WITH 2000 CHILDREN FROM 15 SCHOOLS IN MUMBAI AND THANE



WASTE UPCYCLING WORKSHOPS WITH 1500 SCHOOL CHILDREN IN MUMBAI AND THANE



AWARENESS SESSIONS ON REDUCE REUSE REPLACE HABITS FOR PLASTIC







COLLECTIVE RESPONSIBILITY DRIVE - PLASTIC WASTE MANAGEMENT BEHAVIOURAL CHANGE PROGRAM. SO FAR 50 SCHOOLS FROM PANVEL, NAVI MUMBAI AND THANE HAVE PARTICIPATED

'Collective Responsibility Drive is an excellent initiative and behavior change training should be provided to children and also engage their parents. We will not only implement the project in our school but will also get all CBSE schools under Sahodaya School Complexes in MMR involved in this program.

-Mr. Rajeev Kumar Garg, Principal Datta Meghe World Academy and Office bearer of Sahodaya School Complex MMR AUG 2022

# PHYSICAL AND MENTAL HEALTH

SUPPORTED BY:





20 DAYS HEALTH CHECK UP CAMPS FOR 1917 SAFAIKARAMCHARIS FROM SWM, MUMBAI



YOGA SESSIONS IN 10 MCGM SCHOOLS ATTENDED BY 2300 CHILDREN



WEBINAR ON NUTRITION AND FOOD LABELS

# AWARENESS MEETS CREATIVITY



NUKKAD NATAK IN 10 LOCATIONS ACROSS MUMBAI SUPPORTED BY BPCL AND ONGC



POSTER COMPETION BY CHILDREN ON SWACCH BHARAT



WINNERS OF POSTER COMPETION GETTING PRIZES

'Conducting health camps for Safai Karam charis is one of the important ye neglected areas. We really appreciate this initiative by CACR and BPCL Mumbai Refinery to not only arrange this but taking extra efforts to reach out to maximum beneficiaries and providing hard copies.

# **ENVIROMENT & CLEANLINESS**

SUPPORTED BY:





CLEANLINESS DRIVE BY COMMUNITY



**DISTRIBUTION OF 10000** 

PLANTER PENS AND

PENCILS TO SCHOOL

**CHILDREN** 



MIYWAKI PLANTATION 500 SQ. MT SHAHJINAGAR MCGM SCHOOL



TREE PLANTATION DRIVE IN AT 10 SCHOOLS, MUMBAI



DISTRIBUTION OF 2400 SEEDS BALLS TO TRAVELLERS



DISTRIBUTION OF 17000 CLOTH BAGS TO REDUCE USE OF PLASTIC BAGS

We look forward to having you stay connected with us on our social media platforms.

Wish you safe days ahead. Best regards, Mr. Nitin Wadhwani CEO, Director

Mrs. Indrani Malkani & Mr. Mohinder Pal Singh Baccher , Director

Shri V. Ranganathan, Chairperson, Advisory board

Team CACR



PARTNERSHIPS AND ACCREDITATION

Gender inequality, cultural taboos and poverty can cause menstrual health needs to go unmet as well as force many girls to miss school.

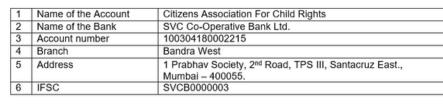
So far we have reached out to 35000 vulnerable adolescent girls across MMR region with our Menstrual Hygiene Programs and Materials

With your donation of just INR 1500 one girl will receive health and hygiene education as well as access to menstrual hygiene items such as panties / sanitary pads for 1 year.

You may click on donate now icon , draw your cheque in favour of 'Citizens Association for Child Rights' or initiate an NEFT Transfer per the following details



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